

**Some examples of federal, provincial and territorial programs child, family and other benefits connected to tax filing**

<b>Federal</b>	
Canada Child Benefit	<ul style="list-style-type: none"> <li>Up to \$6,639 annually (\$553.25 per month) tax free for each child under six and \$5,602 annually (\$466.83 per month) for children age 6 to 17, reduced for income above \$31,120.</li> <li>Payments sent out on the 20<sup>th</sup> of each month starting in July, along with <a href="#">related additional payments from provinces and territories</a>.</li> </ul>
Child Disability Benefit	<ul style="list-style-type: none"> <li>An additional \$2,832 annually (\$236 monthly), included with monthly CCB, reduced for family income above \$67,426.</li> </ul>
Guaranteed Income Supplement (GIS) for Seniors	<ul style="list-style-type: none"> <li>Up to \$10,997 annually (for 2019/20) or \$916.38 monthly for low income seniors, reduced for individual income over \$18,600 and combined income over \$25,000 or \$45,000 depending on circumstances.</li> <li>Monthly payments included with Old Age Security (OAS) payments made close to the end of each month.</li> </ul>
GST Low Income Credit	<ul style="list-style-type: none"> <li>Up to \$443 annually for individuals, \$580 for a couple, and \$153 for each child, reduced for income over \$37,789</li> <li>Sent out quarterly, with first payment 5 July, along with <a href="#">related additional payments</a> from provinces and territories.</li> </ul>
Climate Action Incentive Payments	<ul style="list-style-type: none"> <li>Up to \$444 for an individual, \$222 for a spouse and \$111 per child for residents of Alberta, <a href="#">with lower amounts</a> for residents of Saskatchewan, Manitoba and Ontario, plus 10% more for residents of small and rural communities.</li> <li>Payments made with tax returns.</li> </ul>
Canada Workers Benefit	<ul style="list-style-type: none"> <li>Up to \$1,355 for single individuals and \$2,335 for families and an additional \$700 for those with disabilities, reduced for income above \$12,820 for individuals.</li> <li>Payments are quarterly on 5<sup>th</sup> day of July, October, January and April.</li> </ul>
<b>British Columbia</b>	
BC Early Childhood Tax Benefit	<ul style="list-style-type: none"> <li>\$55 per month per child under six, combined with monthly CCB</li> </ul>
BC Climate Action Tax Credit	<ul style="list-style-type: none"> <li>up to \$154.50 per year for an individual, \$154.50 spouse and ETS, and \$45.50 per child, combined with quarterly GST payment</li> <li>Reduced by 2% of family income over \$40,689 (\$34,876 for individuals)</li> </ul>
<b>Alberta</b>	
Alberta Child Benefit	<ul style="list-style-type: none"> <li>\$1,155 per year for first child, \$577 for each additional child, payments quarterly in August, November, February and May</li> <li>reduced for incomes \$26,769 to \$43,295</li> </ul>
Alberta Family Employment Tax Credit	<ul style="list-style-type: none"> <li>\$801 per year for first child, \$729 for 2<sup>nd</sup> child, \$437 for 3<sup>rd</sup> child, with those with family working income of over \$2,760</li> <li>Reduced by 4% for adjusted family income over \$43,302</li> <li>Payments made separately in July and January</li> </ul>
<b>Saskatchewan</b>	
Saskatchewan Low Income Tax Credit	<ul style="list-style-type: none"> <li>\$346 for an individual, \$346 for spouse, ETS, and \$136 per child to max of \$964, combined with GST credit</li> <li>Reduced for incomes from \$32,643 to \$67,697</li> </ul>

<b>Manitoba</b>	
Personal, disabled, dependent, school and property tax, seniors tax credits	<ul style="list-style-type: none"> <li>• Refundable but not included with GST or CCB payments.</li> </ul>
<b>Ontario</b>	
Ontario Trillium Benefit	<p>Combines:</p> <ul style="list-style-type: none"> <li>• <i>Ontario Sales Tax Credit</i> of \$313 for each adult and child, reduced by 4% for income over \$30,143</li> <li>• <i>Ontario Energy and Property Tax Credit</i> of up to \$1,025 per family</li> <li>• <i>Northern Ontario Energy Credit</i> of up to \$241 per family</li> </ul> <p>Lump sum or monthly payments starting 10 July</p>
Ontario Child Benefit	<ul style="list-style-type: none"> <li>• \$119.50 per child per month (\$1,434 per year), combined with monthly CCB payment</li> <li>• Reduced for income above \$21,887</li> </ul>
Ontario Senior Homeowners Property Tax Grant	<ul style="list-style-type: none"> <li>• Maximum grant of \$500 for low to moderate income seniors to offset property taxes</li> <li>• Payment sent out 4-8 weeks after notice of assessment</li> </ul>
Ontario Rent Supplement	<ul style="list-style-type: none"> <li>• Province pays up to 70% of rental for rent-geared-to-income housing units. Recipients must provide income tax assessments to qualify.</li> </ul>
<b>Quebec</b>	
<b>New Brunswick</b>	
New Brunswick Child Tax Credit	<ul style="list-style-type: none"> <li>• \$20.83 per child per month, reduced for income above \$20,000 (plus some additional benefits for working poor)</li> <li>• Included with monthly CCB</li> </ul>
New Brunswick HST Credit	<ul style="list-style-type: none"> <li>• \$300 per individual, spouse, ETS, and \$100 per child under 19, reduced by 2% of income above \$35,000</li> <li>• Included with quarterly GST/HST credit</li> </ul>
<b>Prince Edward Island</b>	
PEI Sales Tax Credit	<ul style="list-style-type: none"> <li>• \$110 per child, \$55 for spouse and dependents, reduced by 2% for income over \$50,000</li> <li>• Included with quarterly GST/HST payment</li> </ul>
<b>Nova Scotia</b>	
Nova Scotia Child Tax Credit	<ul style="list-style-type: none"> <li>• \$52.08 per month for first child, \$68.75 for 2<sup>nd</sup> child and \$75 for each additional child, reduced for income from \$18,000 to \$26,000</li> <li>• Included with monthly CCB payment</li> </ul>
Nova Scotia Affordable Living Tax Credit	<ul style="list-style-type: none"> <li>• \$255 for individual or couple plus \$60 per child, reduced by 5% for income above \$30,000</li> <li>• Included with quarterly GST/HST credit</li> </ul>
<b>Newfoundland and Labrador</b>	
N&L Child Benefit and Mother Baby Nutrition Supplement	<ul style="list-style-type: none"> <li>• \$33.75 per month for 1<sup>st</sup> child and larger amounts for each additional child, plus \$60 per month for each child under one, reduced for income over \$17,397</li> <li>• Combined with monthly CCB payment</li> </ul>
N&L Income Supplement	<ul style="list-style-type: none"> <li>• \$450 for individuals, plus \$60 for spouse and \$200 for each child under 19</li> <li>• Combined with quarterly GST/HST payments</li> </ul>
N&L Disability Amount	<ul style="list-style-type: none"> <li>• \$200 annual for low income people with disabilities</li> </ul>

N&L Seniors Amount	<ul style="list-style-type: none"> <li>• \$1,313 (tax free) annual for seniors, phased out for income from \$29,402 to \$40,663</li> <li>• Included with quarterly GST/HST payments</li> </ul>
<b>Nunavut</b>	
Nunavut Child Benefit	<ul style="list-style-type: none"> <li>• \$27.50 per month per child plus additional benefits for those with working income, phased out for income over \$20,921</li> <li>• included with monthly CCB payments</li> </ul>
<b>Northwest Territories</b>	
NWT Child Benefit	<ul style="list-style-type: none"> <li>• \$67.91 per month for 1<sup>st</sup> child and lower amounts for additional children, reduced for incomes over \$30,000</li> <li>• Included with monthly CCB payment</li> </ul>
NWT Cost of Living Offset	<ul style="list-style-type: none"> <li>• Included with quarterly GST/HST payment</li> </ul>
<b>Yukon</b>	
Yukon Child Benefit	<ul style="list-style-type: none"> <li>• \$68.33 per month per child, reduced for income above \$35,000</li> <li>• Included with monthly CCB payment</li> </ul>
Yukon Carbon Price Rebate	<ul style="list-style-type: none"> <li>• Quarterly payments starting in July 2020</li> </ul>